

**Department of Psychology  
Southern Illinois University-Carbondale**

**COUNSELING PSYCHOLOGY Ph.D. PROGRAM  
Curriculum Guide**

**2017**

**Accredited by the  
American Psychological Association\*  
Since 1961**

*\*Questions related to the program's accredited status should be directed to the Commission on Accreditation:*

*Office of Program Consultation and Accreditation  
American Psychological Association  
750 1<sup>st</sup> Street, NE, Washington, DC 20002  
Phone: (202) 336-5979/E-mail: [apaaccred@apa.org](mailto:apaaccred@apa.org)  
Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)*

**Required Counseling Psychology Program Curriculum**

Professional psychology education and training is designed to prepare graduates to work as health service psychologists. The curriculum is conceptualized in terms of the discipline-specific knowledge (DSK), which represents the core knowledge of the discipline of psychology, and the knowledge specific to the substantive practice area (Counseling Psychology, in this case). Upon completion of the Psychology and Counseling Psychology curriculum (i.e., courses, practica, training assignments, thesis/dissertation, preliminary examination), graduates will demonstrate profession-wide competencies (PWCs) consistent with practice in health service psychology (HSP).

### **DISCIPLINE SPECIFIC KNOWLEDGE**

The following are courses that the program faculty has determined to be the primary source of psychology discipline-specific knowledge. Students must complete requirements in each of four categories. Your knowledge will be further integrated in advanced coursework, practica, and training assignment experiences. The timing and frequency of course offerings are tentative, based on recent history and current plans. Changes can occur because of changes in instructor availability. Plan ahead, and check course availability ahead of time.

#### **Category 1: History and Systems of Psychology**

PSYC 509 History and Systems of Psychology (Fall)

#### **Category 2: Basic Content Areas in Scientific Psychology**

##### AFFECTIVE ASPECTS OF BEHAVIOR

PSYC 580 Cognition, Affect, and Behavior (Spring)

##### BIOLOGICAL ASPECTS OF BEHAVIOR (Choose one.)

PSYC 514 Neurological Bases of Behavior (Fall)

PSYC 516 Human Clinical Neuroanatomy (Spring)

PSYC 518 Psychopharmacology and Behavior (Spring)

##### COGNITIVE ASPECTS OF BEHAVIOR (Choose one.)

PSYC 515 Theory and Research in Cognitive Psychology (Spring)

PSYC 517 Aging, Memory & Cognition (Spring)

##### DEVELOPMENTAL ASPECTS OF BEHAVIOR (Choose one.)

PSYC 532 Development, Personality, & Psychopathology

PSYC 554 Life Span Developmental Psychology (Spring)

##### SOCIAL ASPECTS OF BEHAVIOR

PSYC 507 Advanced Social Psychology

Category 3: Advanced Integrative Knowledge in Scientific Psychology

PSYC 553 Cross-cultural Psychology (Spring)

Category 4: Research Methods, Statistical Analysis, and Psychometrics

PSYC 523 Research Methods in Applied & Professional Psychology

PSYC 525 Psychological Measurement

Statistics Coursework (Choose two.)

PSYC 522 Experimental Design & Analysis (Spring)

PSYC 524 Multivariate Statistics (Fall)

QUAN 507 Multiple Regression (Fall, Spring, Summer)

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Other Psychology Department Requirements:

PSYC 597 Pre-professional Training (1 credit hour each semester)

PSYC 599 Thesis (4 hrs; can be taken first summer &/or spread out over 2<sup>nd</sup> year)

PSYC 600 Dissertation (24 hrs; 18 credits must be taken post-candidacy)

PSYC 595 Internships (3 hrs; 1 credit per semester during the internship year)

## **COUNSELING PSYCHOLOGY SUBSTANTIVE AREA CURRICULUM REQUIREMENTS**

- 526 Research in Counseling (Fall). This course provides a basic foundation in research skills and an overview of Counseling Psychology research. The course includes extensive reading in counseling psychology research and coverage of research design, specific research techniques, technical writing, and research ethics.
- 530 Theories and Psychotherapy (Spring). A survey of the major theories of personality and systems of counseling and psychotherapy. Stresses relationship between theory and application.
- 535 Psychopathology (Fall). Surveys the following issues and content areas of psychopathology: models and definitions of psychopathology, anxiety states, depression, schizophrenia, neurosis, behavior genetics, and mental health and the classification of psychopathology
- 536 Fundamentals of Counseling Psychology (Fall). An introduction to counseling psychology as a professional specialty. Professional and ethical issues in the training and work of counseling psychologists are examined. Basic counseling skills are acquired through role-playing, feedback, and practice interviewing.
- 537 Advanced Treatment Planning and Implementation (Fall). An advanced level course designed to help students grapple with the more complex issues of psychological practice in today's health care system. Students will practice comprehensive treatment planning and outcome management that is theoretically driven and evidence-based. Students will also gain specific knowledge and skills related to delivering therapy in a culturally relevant and time-limited manner.
- 538 Theory and Practice of Group Facilitation (Spring). A didactic presentation of group dynamics and group counseling/therapy.
- 540 Psychological Assessment (Spring). Basic theory, practice, and research on psychological assessment with an emphasis on objective, validated measures of intelligence and personality. Includes one-hour laboratory section.
- 548 Multicultural Vocational Psychology (Fall). Advanced level examination and deconstruction of vocational psychology theory, research, and practice from a multicultural and social justice perspective. The topics covered include theories of career development, research issues, and vocational counseling techniques.
- 553 Cross-Cultural Psychology (Spring). This course helps students increase their awareness of the importance of cross-cultural differences in psychology. The course also integrates theory and research from different fields of psychology (e.g., biological, social, developmental, cognitive, psychopathology) from the cross-cultural perspective.
- 558 Personality and Social Development of Adults (Spring). A lecture-discussion course which presents the major theoretical and empirical literature in the area of adult personality and social development. Students are encouraged to apply normal developmental constructs to understand individual adults, as well as to gain competence in research methods in this area.

- 561 Supervision of Psychotherapy (Fall). Presentation of the theories and techniques of psychotherapy supervision, as well as cultural, ethical and legal issues in supervision. Students will also provide individual supervision to beginning counselors and receive supervision of their supervision.
- 585 Advanced Pro-Seminar: Professional Activities and Systems (Spring). Designed to provide guided readings, discussion, and other activities to help students to integrate external training experiences and systems competencies. Topics addressed include (a) consultation, (b) leadership and administration, (c) interdisciplinary systems, and (d) advocacy.
- 598 Ethical and Professional Issues (Spring). The code of ethics in professional practice, in teaching and research; problems and issues of the field are discussed; and relations to other professions and the public are considered.

### **COUNSELING PRACTICUM COURSES**

(Note: All counseling practicum courses are identified by the same generic number and label: 594F--Practicum in Counseling Psychology.)

- A. Beginning Practica. Students have required practicum in the department's Career Development and Resource Clinic (CDRC) spring semester of their first year, and required practica in both the CDRC and SIU's Counseling and Psychological Services (CAPS) both semesters of their second year. Beginning practicum seminars are focused on vocational counseling and consultation.
- B. Advanced Specialty Practicum. (Third year). This required practicum is designed by students and their faculty advisors to provide a more advanced experience in a specialty area related to the student's post-Ph.D. career objectives. Third year seminars are focused on multicultural counseling and social justice.
- C. Advanced Elective Practica: Students may elect additional practica during the fourth year of their program. These practica may be completed at the Counseling Center, CDRC, or at other on-campus or off-campus, community sites. Advanced elective practica can vary in their course credit and associated time commitment.

Supervision: Advanced students gain supervision experience by working with beginning students in PSYC 536 as part of the required Supervision course (PSYC 561) usually taken in the fourth year. Additional supervision experience is available by electing to work with first year practicum students in the CDRC in the spring semester, or as part of elective advanced practicum experience in the Counseling Center. The related seminar provides supervision of the supervision activities.

Group Counseling: Students may obtain group counseling practicum experiences through the Counseling Center or various off-campus agencies as part of advanced practica. A number of other service agencies both on and off campus provide an opportunity to do some group work as part of an advanced practicum.

## **ADDITIONAL REQUIREMENTS**

**Full-Time Student Status** -- The level of involvement necessary to accomplish the program's goals requires full-time status, including summers. Typically, all students are supported for four years of graduate study through stipends from various sources.

**Training Assignment** -- All students in the department are required to have a half-time (20 hours per week) training assignment each semester through four years. These assignments supplement formal coursework and may involve teaching, research, practice, or administrative activities. Assignments vary with the needs, professional goals, and competencies of the student in combination with sources of funding and needs in the department. Assignments typically increase in responsibility as the student progresses through the program. Each semester the student is required to enroll in one credit of PSYC 597, Preprofessional Training. See the departmental "Blue Book" for more information on training assignments. Counseling Program policy is that students may not remain in the same training assignment for more than two years.

**Major Preliminary Examination** -- This is a 1-day essay examination covering the core areas of the counseling psychology curriculum. Students may take the major prelim any time after: (a) they have passed the first two years of required counseling core courses and (b) they have completed their master's thesis. The exam is given each fall and spring semester on the Friday before classes begin in January and the Friday classes begin or before the American Psychological Association Convention in August, depending on the time of the convention. A list of suggested readings to aid in preparation for the exam is available. The reading list is revised by the faculty each spring. A file of previous exam questions and examples of passing exam answers is also available.

**Master's Thesis and Doctoral Dissertation** -- The Master's thesis should be completed by the end of the student's second year of graduate study and signifies the completion of the Master's degree. The doctoral dissertation is usually begun during the third year of graduate study, with the prospectus completed prior to the internship application process. The dissertation may be completed during the fourth year or the fifth (internship) year of study.

**Internship** -- All students must complete a full time, twelve-month, APA-accredited internship. Students are expected to apply for internship during fall of their fourth year and complete their internship during their fifth year. Students must register for one credit of PSYC 595 each semester they are on internship.

## **TIMETABLE OF EXPECTED PROGRESS**

<u>ACTIVITY</u>	<u>DEADLINE</u>	<u>YEAR IN PROGRAM</u>
MA Prospectus Meeting	Sept. 15	2nd
MA Oral Defense Meeting	Sept. 15	3rd
Major Prelim Examination Passed	Sept. 1	4 <sup>th</sup> (3 <sup>rd</sup> year preferable)
Dissertation Prospectus	Nov. 1	4 <sup>th</sup>
Internship Application	Dec. 15	4 <sup>th</sup>

## Sample Program

Year	Fall	Hours	Spring	Hours	Summer	Hours
<b>1st</b>	523 Research Methods 526 Research in Counseling 535 Psychopathology 536 Counseling Fundamentals 594L Practicum: Teaching (if TA) 597 Preprofessional Training (Training Assign.)	3 3 3 4 1 1 <hr/> 15	Statistics course 530 Theories of Counseling 540 Psychological Assessment 594F Practicum 594L Practicum in Teaching 597 Preprofessional Training	3-4 3 3 3 1 1 <hr/> 14-15	597 Preprof. Training 599 Thesis QUAN 507 (option)	1 2 or 4 3 <hr/> 4-8
<b>2nd</b>	524 Multivariate Statistics or Elective (if took EPSY 507) 548 Vocational Psychology 507 Advanced Social Psychology 594F Practicum 597 Preprofessional Training	3 3 3 3 3 1 <hr/> 13	538 Group Facilitation 553 Cross-Cultural Psychology 558 Adult Development 594F Practicum 597 Preprofessional Training	3 3 3 3 1 <hr/> 13	597 Preprof. Training Thesis or Elective	1 2 or 3 <hr/> 3-4
	509 History and Systems 525 Psychological Measurement 537 Adv. Treatment Planning 594F Specialty Practicum 597 Preprofessional Training 600 Dissertation	3 3 3 3 1 2 <hr/> 15	515 Cognitive Psychology 580 Cog., Affect, & Behavior 598 Ethical & Professional Issues (or 4th year) 594F Specialty Practicum 597 Preprofessional. Training 600 Dissertation	3 3 3 3 1 1 2 <hr/> 15	597 Preprof. Training 600 Dissertation	1 2 <hr/> 3
<b>4th</b>	514 Neurobehavioral Bases 561 Supervision 597 Preprofessional Training 600 Dissertation	3 3 1 8 <hr/> 15	554 Lifespan Dev. Psych. 594F Opt. Supervision Practicum 597 Preprofessional Training 600 Dissertation	3 3 1 8 <hr/> 15	597 Preprof. Training 600 Dissertation	1 2 <hr/> 3
<b>5th</b>	595 Internship	1	595 Internship	1	595 Internship	1