

**Department of Psychology
Southern Illinois University-Carbondale**

**COUNSELING PSYCHOLOGY Ph.D. PROGRAM
Curriculum Guide**

2020

**Accredited by the
American Psychological Association*
Since 1961**

**Questions related to the program's accredited status should be directed to the Commission on Accreditation:*

*Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE, Washington, DC 20002
Phone: (202) 336-5979/E-mail: apaaccred@apa.org
Web: www.apa.org/ed/accreditation*

Required Counseling Psychology Program Curriculum

Professional psychology education and training is designed to prepare graduates to work as health service psychologists. The curriculum is conceptualized in terms of the discipline-specific knowledge (DSK), which represents the core knowledge of the discipline of psychology, and the knowledge specific to the substantive practice area (Counseling Psychology, in this case). Upon completion of the Psychology and Counseling Psychology curriculum (i.e., courses, practica, training assignments, thesis/dissertation, preliminary examination), graduates will demonstrate profession-wide competencies (PWCs) consistent with practice in health service psychology (HSP).

DISCIPLINE SPECIFIC KNOWLEDGE (DSKs)

The following are courses that the program faculty has determined to be the primary source of psychology discipline-specific knowledge. Students must complete requirements in each of four categories. Your knowledge will be further integrated in advanced coursework, practica, and training assignment experiences. The timing and frequency of course offerings are tentative, based on recent history and current plans. Changes can occur because of changes in instructor availability. Plan ahead, and check course availability ahead of time.

Category 1: History and Systems of Psychology

PSYC 509 History and Systems of Psychology (Fall)

Category 2: Basic Content Areas in Scientific Psychology (One course in each area.)

AFFECTIVE ASPECTS OF BEHAVIOR

Covered in various CO substantive courses (e.g., PSYC 530, PSYC 535, PSYC 594F)

BIOLOGICAL ASPECTS OF BEHAVIOR (Choose one.)

PSYC 514 Neurological Bases of Behavior (Fall)
PSYC 516 Human Clinical Neuroanatomy (Spring)
PSYC 518 Psychopharmacology and Behavior (Spring)

COGNITIVE ASPECTS OF BEHAVIOR (Choose one.)

PSYC 515 Theory and Research in Cognitive Psychology (Spring)
PSYC 517 Aging, Memory & Cognition (Spring)
PSYC 580 Cognition, Affect, and Behavior

DEVELOPMENTAL ASPECTS OF BEHAVIOR (Choose one.)

PSYC 532 Development, Personality, & Psychopathology
PSYC 554 Life Span Developmental Psychology (Spring)

SOCIAL ASPECTS OF BEHAVIOR

PSYC 507 Advanced Social Psychology

DSKs (continued)

Category 3: Advanced Integrative Knowledge in Scientific Psychology

PSYC 580 Cognition, Affect, & Behavior (Spring)

Category 4: Research Methods, Statistical Analysis, and Psychometrics (All required)

PSYC 523 Research Methods in Applied & Professional Psychology

PSYC 525 Psychological Measurement

Statistics Coursework (Choose two among these three stats courses.)

PSYC 522 Experimental Design & Analysis (Spring)

PSYC 524 Multivariate Statistics (Fall)

QUAN 507 Multiple Regression (Fall, Spring, Summer)

Other Psychology Department Requirements:

PSYC 597 Pre-professional Training (1 credit hour each semester)

PSYC 599 Thesis (3 hrs; can be taken first summer &/or spread out over 2nd year)

PSYC 600 Dissertation (24 hrs; 18 credits must be taken post-candidacy)

PSYC 595 Internship (3 hrs; 1 credit per semester during the internship year)

COUNSELING PSYCHOLOGY SUBSTANTIVE AREA CURRICULUM REQUIREMENTS

- 526 Research in Counseling (Fall). This course provides a basic foundation in research skills and an overview of Counseling Psychology research. The course includes extensive reading in counseling psychology research and coverage of research design, specific research techniques, technical writing, and research ethics.
- 530 Theories and Psychotherapy (Spring). A survey of the major theories of personality and systems of counseling and psychotherapy. Stresses relationship between theory and application.
- 535 Psychopathology (Fall). Surveys the following issues and content areas of psychopathology: models and definitions of psychopathology, anxiety states, depression, schizophrenia, neurosis, behavior genetics, and mental health and the classification of psychopathology
- 536 Fundamentals of Counseling Psychology (Fall). An introduction to counseling psychology as a professional specialty. Professional and ethical issues in the training and work of counseling psychologists are examined. Basic counseling skills are acquired through role-playing, feedback, and practice interviewing.
- 537 Advanced Treatment Planning and Implementation (Fall). An advanced level course designed to help students grapple with the more complex issues of psychological practice in today's health care system. Students will practice comprehensive treatment planning and outcome management that is theoretically driven and evidence-based. Students will also gain specific knowledge and skills related to delivering therapy in a culturally relevant and time-limited manner.
- 540 Psychological Assessment (Spring). Basic theory, practice, and research on psychological assessment with an emphasis on objective, validated measures of intelligence and personality. Includes one-hour laboratory section.
- 553 Cross-Cultural Psychology (Spring). This course helps students increase their awareness of the importance of cross-cultural differences in psychology. The course also integrates theory and research from different fields of psychology (e.g., biological, social, developmental, cognitive, psychopathology) from the cross-cultural perspective.
- 561 Supervision of Psychotherapy (Fall). Presentation of the theories and techniques of psychotherapy supervision, as well as cultural, ethical and legal issues in supervision. Students will also provide individual supervision to beginning counselors and receive supervision of their supervision.
- 598 Ethical and Professional Issues (Spring). The code of ethics in professional practice, in teaching and research; problems and issues of the field are discussed; and relations to other professions and the public are considered.

COUNSELING PRACTICUM COURSES

(Note: All counseling practicum courses are identified by the same generic number and label: 594F--Practicum in Counseling Psychology.)

Students participate in a didactic seminar once a year, with different topics covered each year. The other semesters, the practicum seminar is focused on group supervision.

- A. Beginning Practica. Students have required practicum in the department's Career Academic and Self-Exploration Center (CASE) spring semester of their first year, and required practica in both the CASE and SIU's Counseling and Psychological Services (CAPS) both semesters of their second year. Beginning practicum seminars are focused on vocational counseling (1st year) and social justice consultation (2nd year).
- B. Advanced Specialty Practicum. (Third year). This required practicum is designed by students and their faculty advisors to provide a more advanced experience in a specialty area related to the student's post-Ph.D. career objectives. Third year seminars are focused on multicultural counseling and social justice.
- C. Advanced Elective Practica: Students typically elect additional practica during the fourth year of their program. These practica may be completed at the Counseling Center, CASE, or at other on-campus or off-campus, community sites (e.g., VA, Women's Center, Shawnee Health Service, Centerstone, Gateway). Advanced elective practica can vary in their course credit and associated time commitment.

Advanced elective practica typically provide opportunities for expanded professional activities such as: (a) consultation, (b) leadership and administration, (c) interdisciplinary/interprofessional systems, and (d) advocacy. If students have not had opportunities for such activities through practicum or training assignment experiences earlier in their training, they are encouraged to seek those out in advanced elective practica.

Supervision: Advanced students gain supervision experience by working with beginning students in PSYC 536 as part of the required Supervision course (PSYC 561) usually taken in the fourth year. Additional supervision experience is available by electing to work with first year practicum students in CASE in the spring semester, or with other supervisees as part of elective advanced practicum experience in the Counseling Center. The related seminar provides supervision of the supervision activities.

Group Counseling: Students may obtain group counseling practicum experiences through the Counseling Center or various off-campus agencies as part of advanced practica. A number of other service agencies both on and off campus provide an opportunity to do some group work as part of an advanced practicum.

ADDITIONAL REQUIREMENTS

Full-Time Student Status -- The level of involvement necessary to accomplish the program's goals requires full-time status, including summers. Typically, all students are supported for four years of graduate study through stipends from various sources.

Training Assignment -- All students in the department are required to have a half-time (20 hours per week) training assignment each semester through four years. These assignments supplement formal coursework and may involve teaching, research, practice, or administrative activities. Assignments vary with the needs, professional goals, and competencies of the student in combination with sources of funding and needs in the department. Assignments typically increase in responsibility as the student progresses through the program. Each semester the student is required to enroll in one credit of PSYC 597, Preprofessional Training. See the departmental "Blue Book" for more information on training assignments. Counseling Program policy is that students may not remain in the same training assignment for more than two years.

Major Preliminary Examination -- This is a 1-day essay examination covering the core areas of the counseling psychology curriculum. Students may take the major prelim any time after: (a) they have passed the first two years of required counseling core courses and (b) they have completed their master's thesis. The exam is given each fall and spring semester on the Friday before classes begin in January and the Friday classes begin or before the American Psychological Association Convention in August, depending on the time of the convention. A list of suggested readings to aid in preparation for the exam is available. The reading list is revised by the faculty each spring. A file of previous exam questions and examples of passing exam answers is also available.

Master's Thesis and Doctoral Dissertation -- The Master's thesis should be completed by the end of the student's second year of graduate study and signifies the completion of the Master's degree. The doctoral dissertation is usually begun during the third year of graduate study, with the prospectus completed prior to the internship application process. The dissertation may be completed during the fourth year or the fifth (internship) year of study.

Internship -- All students must complete a full time, twelve-month, APA-accredited internship. Students are expected to apply for internship during fall of their fourth year and complete their internship during their fifth year. Students must register for one credit of PSYC 595 each semester they are on internship.

TIMETABLE OF EXPECTED PROGRESS

<u>ACTIVITY</u>	<u>DEADLINE</u>	<u>YEAR IN PROGRAM</u>
MA Prospectus Meeting	Sept. 15	2nd
MA Oral Defense Meeting	Sept. 15	3rd
Major Prelim Examination Passed	Sept. 1	4 th (3 rd year preferable)
Dissertation Prospectus	Nov. 1	4 th
Internship Application	Dec. 15	4 th

Sample Program (Odd Entry Years)

Year	Fall	Hours	Spring	Hours	Summer	Hours
1st	523 Research Methods 526 Research in Counseling 535 Psychopathology 536 Counseling Fundamentals 594L Practicum: Teaching (if TA) 597 Preprofessional Training (Training Assign.)	3 3 3 4 1 1 <hr/> 15	Statistics course 530 Theories of Counseling 580 Cognitive & Affective Bases 594F Practicum 594L Practicum in Teaching 597 Preprofessional Training	3-4 3 3 3 1 1 <hr/> 14-15	597 Preprof. Training 599 Thesis QUAN 507 (option)	1 3 3 <hr/> 4-7
2nd	524 Multivariate Statistics or Elective (if took QUAN 507) 507 Advanced Social Psychology 514 Neurobiological Bases 594F Practicum 597 Preprofessional Training	3 3 3 3 3 1 <hr/> 13	540 Psychological Assessment 553 Cross-Cultural Psychology 594F Practicum 597 Preprofessional Training Elective	3 3 3 1 3 <hr/> 13	597 Preprof. Training Thesis or Elective	1 3 <hr/> 3
3rd	509 History and Systems 525 Psychological Measurement 594F Specialty Practicum 597 Preprofessional Training 600 Dissertation Elective	3 3 3 1 2 3 <hr/> 15	537 Adv. Treatment Planning 598 Ethical & Professional Issues 594F Specialty Practicum 597 Preprofessional. Training 600 Dissertation Elective	3 3 3 1 2 3 <hr/> 15	597 Preprof. Training 600 Dissertation	1 2 <hr/> 3
4th	561 Supervision 597 Preprofessional Training 600 Dissertation Elective	3 1 8 3 <hr/> 15	554 Lifespan Dev. Psych. 594F Opt. Supervision Practicum 597 Preprofessional Training 600 Dissertation	3 3 1 8 <hr/> 15	597 Preprof. Training 600 Dissertation	1 2 <hr/> 3
5th	595 Internship	1	595 Internship	1	595 Internship	1

Sample Program (Even Entry Years)

Year	Fall	Hours	Spring	Hours	Summer	Hours
1st	523 Research Methods 526 Research in Counseling 535 Psychopathology 536 Counseling Fundamentals 594L Practicum: Teaching (if TA) 597 Preprofessional Training (Training Assign.)	3 3 3 4 1 1 <hr/> 15	Statistics course 540 Psychological Assessment 554 Lifespan Dev. Psych. 594F Practicum 594L Practicum in Teaching 597 Preprofessional Training	3-4 3 3 3 1 1 <hr/> 14-15	597 Preprof. Training 599 Thesis QUAN 507 (option)	1 3 3 <hr/> 4-8
2nd	524 Multivariate Statistics or Elective (if took EPSY 507) 507 Advanced Social Psychology 594F Practicum 597 Preprofessional Training Elective	3 3 3 1 3 <hr/> 13	530 Theories of Counseling 553 Cross-Cultural Psychology 594F Practicum 597 Preprofessional Training Elective	3 3 3 1 3 <hr/> 13	597 Preprof. Training Thesis or Elective	1 3 <hr/> 4
3rd	509 History and Systems 525 Psychological Measurement 537 Adv. Treatment Planning (or 4 th year) 594F Specialty Practicum 597 Preprofessional Training 600 Dissertation	3 3 3 3 1 2 <hr/> 15	515 Cognitive Psychology 598 Ethical & Professional Issues (or 4th year) 594F Specialty Practicum 597 Preprofessional. Training 600 Dissertation Elective	3 3 3 1 2 3 <hr/> 15	597 Preprof. Training 600 Dissertation	1 2 <hr/> 3
4th	514 Neurobehavioral Bases 561 Supervision 597 Preprofessional Training 600 Dissertation	3 3 1 8 <hr/> 15	537 Adv. Treatment Planning 594F Opt. Supervision Practicum 597 Preprofessional Training 600 Dissertation	3 3 1 8 <hr/> 15	597 Preprof. Training 600 Dissertation	1 2 <hr/> 3
5th	595 Internship	1	595 Internship	1	595 Internship	1