Psychology 331 – Abnormal Psychology
Summer 2013
M-F, 8:40-10:50am
Lawson Hall, Room 171
Instructor: Sufna Gheyara, M.A.

Office Location: Life Science II Rm. 201B
Office Phone: 618-453-3532
Office Hours: Monday-Wednesday 11:00am-12:00pm or by appointment

Course Description
This course will provide a comprehensive overview of the major classes of mental illness diagnosed in adults. During the class, students will become familiar with the different psychological diagnoses recognized by the American diagnostic system, the major symptoms and impairments associated with these disorders, and the ways in which they are conceptualized within various major theoretical paradigms.

Required Text

Desire2Learn
Materials for this class, including the syllabus, paper topics, grades, and other materials, will be posted on Desire2Learn (https://online.siu.edu/), but do not rely on these materials to be sufficient for you to pass this class without regular attendance.

Course Requirements

Attendance
Regular class attendance and participation is expected. Students are responsible for meeting course requirements on the dates outlined in the course syllabus. You are responsible for all material discussed in class and covered in the assigned readings. If you are struggling to understand a concept, please come meet with me or send me an email, and I will be happy to help clarify it. Also, unannounced quizzes will be given in class throughout the semester, so it is in your best interest to come to class regularly.

Exams (100 points each; 300 points total)
There will be four exams worth 100 points each given on the dates noted in the course schedule below. You will be able to drop your lowest exam score, so only 3 scores will count towards your total grade. Each exam will contain three parts: multiple choice, “Name that Disorder” asking you to identify a disorder given a sample client description (except for the 1st exam, when we have not started specific disorders), and short answer questions. Exams will cover lecture and textbook material, though the focus will be on lecture material. It is strongly recommended that you come to class on time for exams. If you come late and begin the exam, you must turn it in at 10:50am. If you arrive late and another student has already finished the exam and left the classroom, you will not be allowed to take the exam.

The first exam you miss, regardless of the reason, will count as your dropped exam. If you have to miss another exam, a make-up will be considered. Only under extreme circumstances (e.g., death of a close family member, serious illness, natural disaster, etc.) or for university-approved absences will administering a make-up exam be considered. Please contact me as soon as you know you will be missing an exam to discuss your reasons for missing the exam and to discuss the possibility of a make-up exam. To make up an exam, documentation of your excused absence must be turned in, and you must take the exam no later than 3 days after the missed exam or your return to campus. No make-up exams will be given after 3 days have passed.
Papers
Each student will write 1 paper worth 50 points. The paper will be 2-3 double-spaced pages, 1” margins, 12 point Times New Roman font. More detailed information about the paper topic will be posted on D2L closer to the due date. Papers will be submitted through DropBox on D2L and will go through a plagiarism detector.

The paper must be uploaded on D2L on June 3, 2013 no later than 5:00pm. Papers turned in after 5:00pm on 06/03/2013 will be considered late and will be given a late penalty (10 points). Late papers must be turned in the day after the paper is due (06/04/2013 by 5 p.m.) on D2L. No papers will be accepted after this deadline without appropriate documentation.

In cases of documented emergencies, you may turn in late papers without penalty, per instructor approval (both documentation & paper must be turned in by June 6, 2012). There will be NO paper re-writes, nor will you be allowed to write an additional paper to replace a grade with which you are not happy. The Writing Center is a great resource if you are concerned about your writing or if you would simply like to improve your writing; for more information go to: http://write.siuc.edu/, Morris Writing Center (2nd floor Morris Library): 618-453-1231 or Trueblood Writing Center: 618-453-2927.

Quizzes (10 points each; 50 points total)
There will be 6 unannounced in-class quizzes worth 10 points each. Quiz questions will consist of material presented in lecture and/or information from the textbook. Quizzes will be open-note/open-book. Your lowest quiz score will be dropped. The first quiz you miss, regardless of the reason, will count as your dropped score. If you miss another quiz due to an emergency and have documentation of your absence, email me as soon as you can. Make up quizzes must be completed within 3 days of your return to campus.

Make-ups
All make-up assignments, including exams and papers, will be given at the discretion of the Instructor and must be made up within 3 days of the original task deadline. Providing documentation does not guarantee you will be allowed to make up missed work.

Extra Credit (up to 20 points)
You will be able to earn up to 20 points of extra credit in the course through various opportunities that will be updated throughout the intersession on D2L. They will consist of participating in research studies in the psychology department, attending guest speakers, or summarizing research articles.

Grading
The following grades will be assigned based on accumulated points:

<table>
<thead>
<tr>
<th>Points</th>
<th>Percentage</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>360-400</td>
<td>90 – 100</td>
<td>A</td>
</tr>
<tr>
<td>320-359</td>
<td>80 – 89</td>
<td>B</td>
</tr>
<tr>
<td>280-319</td>
<td>70 – 79</td>
<td>C</td>
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<tr>
<td>240-279</td>
<td>60 – 69</td>
<td>D</td>
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<tr>
<td>&lt; 240</td>
<td>&lt; 60</td>
<td>F</td>
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</table>

Important Considerations

Classroom Conduct
Providing a respectful classroom environment is very important to me. Remember to use respectful language and to engage in appropriate behavior during class. Please don’t engage in any disruptive activities (e.g., talking on your phone, talking to a neighbor, texting, using your laptop for non-class related purposes, or using your iPod/mp3 player etc.). I want everyone who comes to class to be able to learn with as few distractions as possible.
If you’re being disruptive, I’ll ask you to stop. If you continually disrupt your peers, I will ask you to leave and you will not be able to make-up anything you missed.

**Academic Assistance**

If you are having difficulties in this class, please see me as soon as possible. Don’t wait until the end of the semester, especially since this is such a short class! You can come to my office hours or e-mail me to make an appointment.

**Academic Dishonesty**

Plagiarism is any method in which you represent someone else’s written work (in part or in full) as your own work, intentionally or without awareness. This includes copying text word-for-word without quotation marks and proper citations or paraphrasing work without citing the original author. Plagiarism and any other form of cheating will not be tolerated in this class. Those caught cheating or plagiarizing will receive no credit for the assignment and/or the course, and they will be reported to the department chair and appropriate Deans. The Code of Student Conduct for Southern Illinois University specifies the policy for cheating, plagiarism or other forms of dishonesty and misconduct. Complete copies of this policy can be obtained from: [http://policies.siuc.edu/policies/conduct.html](http://policies.siuc.edu/policies/conduct.html).

All electronic devices must be put away during exams. If electronic devices or course materials are within view during the exam, you will earn a zero on the exam and be turned in to the department chair and appropriate Deans.

**Students with Disabilities**

The University provides accommodations for students with disabilities. If you need any assistance or need to use the student disability testing facility, or if you have emergency medical information that is important for me to know, please let me know as soon as possible. To request accommodations, register with the University’s Disability Support Services (DSS). For more information please call 618-453-5738 (Woody Hall B-150) or consult their website at [http://disabilityservices.siuc.edu/](http://disabilityservices.siuc.edu/).

**Emergency Procedures**

Southern Illinois University Carbondale is committed to providing a safe and healthy environment for study and work. Because some health and safety circumstances are beyond our control, we ask that you become familiar with the SIUC Emergency Response Plan and Building Emergency Response Team (BERT) program. Emergency response information is available on the BERT’S website at [www.bert.siu.edu](http://www.bert.siu.edu), Department of Public Safety's website [www.dps.siu.edu](http://www.dps.siu.edu) and in the Emergency Response Guidelines pamphlet. Please read these materials and know how to respond to each type of emergency. If you have a disability that might make it difficult to evacuate the classroom or building quickly, please consider coming to talk with me about options to ensure your safety in the event of an emergency.

During an emergency, please follow these guidelines provided by the University:

> Instructors will provide guidance and direction to students in the classroom in the event of an emergency affecting your location. **It is important that you follow these instructions and stay with your Instructor during an evacuation or sheltering emergency.** The Building Emergency Response Team (BERT) will provide assistance to your instructor in evacuating the building or sheltering within the facility.

> **If at any time you feel unsafe, please leave the classroom and call the police (911).**

**Authorship of this syllabus:** In creating this syllabus, I have taken recommendations and sections of others’ syllabi as they have been shared with me from previous years and other courses. Therefore, although I finalized the syllabus, I do not claim authorship for this document. This document should be treated as shared intellectual property.
Please note that the Instructor reserves the right to make changes to the course syllabus and requirements as needed. All changes will be announced in class.

**Psyc 331 Class Schedule**
(Chapters are from the Kring, Johnson, Davison & Neale [2012] textbook)
Please note this schedule and course requirements are subject to change. Any changes will be announced in class.

<table>
<thead>
<tr>
<th>Date</th>
<th>Lecture Topic</th>
<th>Readings</th>
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<tbody>
<tr>
<td>May 13</td>
<td><em>Course Introduction; History of Psychopathology; Diagnosis and Classification</em></td>
<td>Chapter 1 &amp; Chapter 3 (pg. 63-79) Chapter 2</td>
</tr>
<tr>
<td>May 14</td>
<td><em>Current Paradigms in Psychopathology</em></td>
<td>Chapter 3 (pg. 80-103)</td>
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<tr>
<td>May 15</td>
<td><em>Assessment</em></td>
<td>Chapter 4</td>
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<tr>
<td>May 16</td>
<td><em>Clinical Research</em></td>
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<tr>
<td>May 17</td>
<td><strong>Exam 1 (covering Chapters 1-4)</strong></td>
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<tr>
<td>May 20</td>
<td><em>Anxiety Disorders</em></td>
<td>Chapter 6 &amp; Chapter 7 (p. 216-225)</td>
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<tr>
<td>May 21</td>
<td><em>Anxiety Disorders cont’d. &amp; Mood Disorders</em></td>
<td>Chapter 5</td>
</tr>
<tr>
<td>May 22</td>
<td><em>Mood Disorder cont’d &amp; Substance Use Disorders</em></td>
<td>Chapter 10</td>
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<tr>
<td>May 23</td>
<td><em>Substance Use Disorders</em></td>
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<tr>
<td>May 24</td>
<td><strong>Exam 2 (Chapters 5, 6, part of 7, 10)</strong></td>
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<tr>
<td>May 27</td>
<td><em>Eating Disorders</em></td>
<td>Chapter 11</td>
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<tr>
<td>May 28</td>
<td><em>Sexual Disorders</em></td>
<td>Chapter 12</td>
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<tr>
<td>May 29</td>
<td><em>Schizophrenia</em></td>
<td>Chapter 9</td>
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<tr>
<td>May 30</td>
<td><em>Dissociative Disorders and Somatic Symptom Disorders</em></td>
<td>Chapter 8</td>
</tr>
<tr>
<td>May 31</td>
<td><strong>Exam 3 (Chapters 8, 9, 11, 12)</strong></td>
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</tr>
<tr>
<td>June 3</td>
<td><em>Disorders of Childhood (Papers Due)</em></td>
<td>Chapter 13</td>
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<tr>
<td>June 4</td>
<td><em>Late Life and Neurocognitive Disorders</em></td>
<td>Chapter 14</td>
</tr>
<tr>
<td>June 5</td>
<td><em>Personality Disorders</em></td>
<td>Chapter 15</td>
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<td>June 6</td>
<td><em>TBD</em></td>
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<tr>
<td>June 7</td>
<td><strong>Exam 4 (Chapters 13, 14, 15). Exam given in regular classroom: Lawson 171</strong></td>
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Note: Readings are intended to help students understand the material covered in lecture. Any/all lectures may contain supplemental information not covered in the text. Students are responsible for all information covered in both the textbook and the lectures.
Local & National Resources

Throughout the course we will be discussing a variety of mental health concerns and other topics that while interesting, may be difficult to hear about. Some of these topics may touch on personal experiences from your life or may lead to concern regarding your own mental health. If you would like to talk more about these distressing experiences or concerns, please contact a helping professional at one of the following agencies.

- **SIUC Counseling Center**
  - 618-453-5371, [www.counselingcenter.siuc.edu](http://www.counselingcenter.siuc.edu)
  - Provides low-cost individual, couples, and group counseling for SIUC students

- **SIUC Clinical Center**
  - Provides individual, couples, family, & group counseling for children and adults on a sliding fee scale. Both community members and students are seen at the Clinical Center.

- **SIUC Wellness Center**
  - 618-536-4441, [http://shc.siuc.edu/wellness%20pages/wellness_home.htm](http://shc.siuc.edu/wellness%20pages/wellness_home.htm)
  - Provides counseling and other services to SIUC students, particularly Stress Management, Sexual Health, and Substance Abuse counseling.

- **SIU Career Development and Resource Clinic (CDRC)**
  - 618-453-3568, careers@siu.edu, or stop by Life Science II Suite 217.
  - A free service offered by the Department of Psychology. The CDRC provides individual career counseling to help students identify their interests, skills, and values; explore career alternatives; and make decisions about college majors and career directions.

- **Disability Support Services**
  - 618-453-5378, [http://disabilityservices.siuc.edu](http://disabilityservices.siuc.edu)

- **GLBT Resource Center**
  - [http://glbtresourcecenter.siuc.edu](http://glbtresourcecenter.siuc.edu)

- **Carbondale Women’s Center**
  - 1-800-334-2094 or 618-529-2324; [www.thewomensctr.org](http://www.thewomensctr.org)
  - 24 hour hotline & shelter for survivors of violence and assault, all genders welcome

- **Saluki Cares**
  - 618-453-5714, siucares@siu.edu, [http://salukicares.siuc.edu/](http://salukicares.siuc.edu/)
  - If you are not sure where else to go, Saluki Cares is a confidential referral agency that will help you find the support you need.